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Mr. Speice

Independent Study and Mentorship 3B

30 October 2017

Time Flies

10/23/17 to 10/30/17

This week in ISM went by very quickly. I am becoming more organized and my time management skills continue to improve with each week that passes. Over the past week, I completed another interview and I continued to think about my original work.

On October 24, I conducted my fifth informational interview with Linda Farias. Ms. Farias is a Licensed Clinical Social Worker at Haven Behavioral Hospital in Frisco. Linda was able to talk to me about her job and her daily responsibilities at work. As a Licensed Clinical Social Worker, Ms. Farias handles patient discharge papers and group therapy. Although I really appreciated this opportunity to speak with Ms. Farias, the interview was not as helpful as I had hoped. This career is not exactly what I am looking for, so it was hard to ask about and receive information relating to my topic of study. However, after learning about the typical routine of a social worker, I am more convinced that I will be happy pursuing a career in research.

I also continued to think about my original work. Since I am pursuing psychological research, I am considering creating a survey that collects data from the local population. I am not

entirely sure what kind of data I will collect, but it would be interesting to analyze and present the results of the survey for my original work at the Research Showcase.

The past couple weeks have been a blur due to the interviews that had been scheduled. I am becoming a lot more comfortable with cold calling and interviews, and my confidence is growing. I am also getting better at prioritizing events and assignments, which allows me to be more productive. Next week, I hope to schedule more interviews, continue research, and start planning my original work.

Weekly Accomplishments:

- I conducted my fifth informational interview with Linda Farias.
- I am starting to brainstorm for my original work.

Goals for Next Week:

- I will schedule more informational interviews.
- I will continue to research my topic of study.
- I will continue to plan my original work.