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Mr. Speice

Independent Study and Mentorship 3B

2 April 2018

Building Character

Weekly Report 3/26/18 to 4/01/2018

I cannot believe it is already April! This year is flying by and Final Presentation Night is getting closer and closer each day. My mentor was out of town this week, so I used this time to catch up on research and final product tasks. Similar to last week, this week was very stressful in that I was trying to balance work, homework, research, and orchestra concert season.

This week, I primarily focused on my research and statistics for my final product. I looked into how personality influences study habits, sleep quality, and birth order. The research has been fascinating so far and I am learning so much about my topic. Additionally, I also found more p-values for my correlations. Although I was happy to have completed quite a bit of research, I still felt very pressured and stressed this week and I did not get much sleep between the many late nights and early morning rehearsals.

A few weeks ago, I applied for the Frisco ISD Pharmacology program. This required an application, a test, and an interview. Overall, I felt good about my chances of getting into the program, despite its highly competitive nature. Results came out on Tuesday this week and I was very upset to learn that I was not selected for the program. Of the 200 kids that applied, only 40 were accepted. At first I was extremely upset, but after hearing from a student with a parent employed in the district that the admissions process was a lottery, I became very frustrated. My

new goal is to self-study and attempt to earn my CPhT certification on my own, without the help of the program. This experience was extremely difficult for me because I have been fortunate enough to have been selected for most programs I applied for. However, I know that rejection builds character, and I definitely feel like a stronger person.

Over the course of the next week, I hope to finish my final product research and statistics. I also hope to balance my job, school, and orchestral responsibilities while still getting plenty of rest before the upcoming AP testing season. This was a tough week, but I got through it. As a result, I am a stronger person than I was at start of this week.

Accomplished this week:

- Researched adolescent sleep studies
- Researched study habits
- Researched birth order
- Continued statistics on my survey responses

Goals for next week:

- Finish research
- Finish statistics for my survey
- Start the introduction of my paper
- Create t-test charts